

JORDAN T. WATSON

SUMMARY OF QUALIFICATIONS

- Six years of counseling experience with adolescents, young adults, adults, and families in various professional fields including mental health, ordained ministry, higher education, and athletic coaching.
- Trained and experienced public speaker, able to establish rapport with diverse audiences and convey information with clarity and passion.
- Skilled and trained in counseling techniques, leadership training, team development, and networking.
- Dedicated to excellence, leadership, organization, and hard work.

EDUCATION

Master of Arts, Psychology- April, 2014 (expected)

Pepperdine University, Graduate School of Education and Psychology

Current GPA: 4.0

Bachelor of Arts, Religion- April, 2009

Pepperdine University, Seaver College

Religion GPA: 3.7 Overall GPA: 3.7

Bachelor of Arts, Speech Communication- April, 2009

Pepperdine University, Seaver College

Speech Communication GPA: 3.8 Overall GPA: 3.7

High School Diploma- June, 2005

Palos Verdes High School GPA: 3.5

PROFESSIONAL EXPERIENCE

12/2012-Present	<p>Center for Discovery- Rancho Palos Verdes Facility: <i>Counselor</i></p> <p><u>Overview:</u> Floor staff counselor at a six bed residential treatment facility for adult women with eating disorders.</p> <p><u>Summarized Responsibilities:</u></p> <ul style="list-style-type: none">-Integrate clients into the milieu as well as supervise and report to the treatment team the clients' daily behavior, emotional state, medication compliance, eating habits, and diet.-Facilitate psychoeducational groups on CBT, DBT, coping skills, relapse prevention, body-image, nutrition, journaling/reflection groups, and the 12-step process.-Model appropriate eating behavior in six daily therapeutic meals or snacks in the treatment facility as well as on outings.-Develop and implement assertiveness and social skills training within the milieu.-Crisis management.-Maintain professional boundaries, treatment guidelines, and house standards with compassion and empathy.-Mentor and train new staff throughout shifts and in training meetings.
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PROFESSIONAL EXPERIENCE *(Continued)*

03/2013-Present	<p>Center for Discovery- Lakewood Facility: <i>On-Call Counselor</i></p> <p>Overview: Floor staff counselor at a seven bed coed residential treatment facility for adolescents with eating disorders.</p> <p><u>Summarized Responsibilities:</u></p> <ul style="list-style-type: none"> -Integrate clients into the milieu as well as supervise and report to the treatment team the clients' daily behavior, emotional state, medication compliance, eating habits, and diet. -Facilitate psychoeducational groups on CBT, DBT, coping skills, relapse prevention, body-image, nutrition, 12-step process, substance abuse, film reflection group, role-playing group, and journaling techniques. -Model appropriate eating behavior in six daily therapeutic meals or snacks in the treatment facility as well as on outings. -Develop and implement assertiveness and social skills training within the milieu. Crisis management. -Maintain professional boundaries, treatment guidelines, and house standards with compassion and empathy.
July- November 2012	<p>Pepperdine University- <i>Assistant Resident Director</i></p> <p><u>Summarized Responsibilities:</u></p> <ul style="list-style-type: none"> -Managed a team of five undergraduate student leaders (Resident Advisors). -Managed resident area "Apartments" (approximately 300 undergraduate students and 50 graduate students). -Developed and implemented leadership training for Pepperdine University undergraduate students as well as provided vocational and career mentorship/counseling. -Spoke at university or area events with audience sizes ranging from twenty to 300. <p>Responded to crisis situations as well as breaches in university policy (drugs, alcohol, or visitation violations).</p>
June 2009- December 2011	<p>Hilltop Community Church- <i>Family and Youth Minister</i></p> <ul style="list-style-type: none"> -Increased student participation from 25 students to 65 active members (grades 6-12). -Developed and implemented ministry vision, structure, and new member systems. -Developed and implemented annual teaching curriculum (grades 6-12). -Organized, trained, and equipped a volunteer team as well as a mentorship program, which consisted of 10 to 12 adults on each team. -Taught small group classes and led small group discussions (audience size 20-65 people). -Experience in one-on-one pastoral care with students and family counseling. -Provided support and care for parents with seminars and one-on-one counseling. -Experience networking and working in partnership with social workers, school counselors, therapists, psychiatrists, and psychologists to serve families. -Worked with families and students that endured the following trauma/crisis- sexual assault, rape, eating disorders, drug abuse, alcohol abuse, domestic violence, emotional abuse, death of a parent(s), and suicide attempt or ideation. -Organized and ran youth events and fundraisers. -Served in additional capacity as a "ministry strategist" for the senior pastor and leadership team.

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PROFESSIONAL EXPERIENCE- Internships

2008-2009	<p>Pepperdine University Convocation Office- Chapel Intern</p> <ul style="list-style-type: none"> -Speaker in large convocation events (audience size: 1,000 to 3,000). -Implemented hospitality services and networked with V.I.P. speakers on behalf of the university. -Developed, coordinated, and spoke at smaller size chapel events (audience size: 50 to 300).
2008-2009	<p>Project L.E.A.D- Coordinator</p> <ul style="list-style-type: none"> -Developed a leadership seminar for high school students. -Taught leadership in high school classrooms. -Plan and implemented fundraising campaigns (raised \$10,000). -Coordinated with high schools and organized a calendar of visits to high schools up and down the coast of California (2008) and Route 66 (2009).
2007-2008	<p>Hilltop Community Church- Youth and Family Ministry Intern</p> <ul style="list-style-type: none"> -Teaching experience in small groups (grades 6-12). -Event planner and coordinator. -One-on-one pastoral care and counseling (grades 6-12). -Leadership training of volunteer team (five adults).
November 2007 & November 2008	<p>Pepperdine Thanksgiving Youthfest- Event Director</p> <ul style="list-style-type: none"> -Managed a team of 30 student workers. -Managed creative team's development of a theme. -Master of ceremonies (audience 200 high school students). -Fundraising and budget management.
2007-2008	<p>Pepperdine University Campus Ministry- Outreach Intern</p> <ul style="list-style-type: none"> -Increased membership by an additional 60 people. -One-on-one pastoral care and counseling of undergraduate university students. -Spoke at outreach events (audience size 50-100 people).
Summer 2007 & Fall 2008	<p>Conejo Valley Church of Christ- Youth Ministry Intern</p> <ul style="list-style-type: none"> -Teaching experience in small groups (grades 6-12). -Event planner and coordinator. -One-on-one pastoral care and counseling grades 6-12. -Coordinated and led a Mexico mission trip to build a house in San Felipe Mexico.
Summer 2006, 2007, 2008	<p>Pepperdine Bible Lectures- Housing Director</p> <ul style="list-style-type: none"> -Managed a team of 30 student workers. -Implemented move in/move out strategies for over 3,000 adults for a one-week conference. -Managed a team of customer service representatives.

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PROFESSIONAL EXPERIENCE- *Water Polo Coaching*

June 2012-Present	<p>Harvard Westlake School- Men's and Women's Assistant Water Polo Coach -Assist the head coach with the development of a strategy of play, tactics, team management, and student leadership development. -Assist in communication with parents, athletic administrators, and school administrators.</p> <p>Men 2012: Division 1 CIFss Quarterfinalist Women 2013: Division 3 CIFss Semifinalist</p>
2011-Present	<p>U.S.A. Water Polo Olympic Development Program (ODP)- Assistant Coach -Represent the U.S.A. governing body of water polo in the training of future Olympic athletes. -Assist head coach with tryouts, evaluation camps, evaluation forms, regional championships, conference calls, and teaching of ODP system.</p> <p>2011-2012: 2nd Place Finish- Pacific Regional Championships (10th Grade) 2012-2013: 1st Place Finish- Pacific Regional Championships (12th Grade)</p>
August 2012-Present	<p>Los Angeles Premier Water Polo Club- 10/12U Boys' Head Coach -Coach 12/10-and-under (A) team in competition -Facilitate parent meetings and seminars (audience size 50 people). -Mentor young athletes.</p>
February 2012-July 2012	<p>Los Angeles Water Polo Club- 16U Boys' Coach -Coach 16-and-under White (B) Team in competition. -Assist 16-and-under Red (A) coach in competition and practice. -2012 Boys' 16-and-under National Champions- (A team)</p>
June 2010-December 2011	<p>El Segundo High School- Head Varsity Water Polo Coach- Men -Communicate with 65 families. -Develop a Varsity/JV/Frosh-Soph athletic program. -Hire and manage three assistant coaches. -Lead fundraisers and a training trip to Central Europe. -2011 Boys' Ocean League Championship</p>
December 2011-February 2012	<p>Palos Verdes Water Polo Club- Head 16U Coach- Men -Develop and teach a strategy of play. Communicate with thirty families. -Coach A and B teams in 16-and-under tournaments.</p>
June 2008-November 2010	<p>El Segundo High School- Assistant Varsity Water Polo Coach- Men -Assist head coach with strategy, communication, coaching, and vision. -2009- CIFss Division 5 Championship</p>

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STUDENT GROUP LEADERSHIP

1/2013-Present	Pepperdine University's Research and Practice Team (RAPT)- <i>Co-leader</i> <i>Supervisor: Susan Hall, Ph.D.</i> -Organize, advertise, and facilitate monthly student group meetings. -Expanded student group meetings and events to one additional Pepperdine campus. -Increased student participation in RAPT and in research opportunities. -Partner with Pepperdine faculty to raise the level of student interest in research.
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5/2013-Present	Pepperdine University Psi Chi Honor Society- <i>Campus Director, West Los Angeles Campus</i> <i>Supervisor: Robert DeMayo, Ph.D.</i> -Organize, advertise, and facilitate monthly meetings for students involved in the Psi Chi honor society. -Host networking events, professional development training, and connect with students to generate increased involvement in the honor society. -Represent the Pepperdine Psi Chi chapter at faculty events and Psi Chi conferences.
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RESEARCH EXPERIENCE

11/2012-Present	Pepperdine Applied Research Center- <i>Research Assistant</i> <i>Supervisor: Susan Hall, Ph.D. & Lauren Ford, LMFT, Psy.D. candidate Pepperdine University</i> -File redaction for the Pepperdine Encino campus therapist training clinic. -Data entry and coding of therapy sessions investigating identity development of emerging adults (ages 18-25), and therapist variables. -Trained in SPSS data entry. -Familiar with BMMRS, MSPSS, WAIS measures. -Coded phone intakes, treatment summaries, outcome summaries, and change of diagnosis forms. -Facilitate communication between research assistant team and directors regarding organization of files as well as implementation of data entry.
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AFFILIATIONS

Psi Chi Honor Society, Member, 2013

American Psychological Association, Student Affiliate, 2012-Present

American Psychological Association, Division 36, Student Affiliate, 2012-Present

American Psychological Association, Division 56, Student Affiliate, 2012-Present

American Psychological Association, Division 49, Student Affiliate, 2012-Present

Pepperdine Research and Practice Team (RAPT), Member, 2012-Present

References available upon request